

Not Consumed



BY KIM SORGIUS



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What's in this Study?

- Day 1:** Why Change?
- Day 2:** New Mercies Every Day
- Day 3:** Assessing Myself
- Day 4:** Being Content in this Season
- Day 5:** Making Plans for the Future





Why Change?

DAY 1

Happy New Year!

Today is the first day of a brand new year. The date on your calendar has CHANGED!

What year is it?

A brand new year is a reminder that almost everything in life changes at some point. The leaves fall off the trees when it turns colder. People grow taller. Animals lose their fur.

Can you think of any other things that change?

Sometimes people think change is a bad thing, but most of the time it's actually a really good thing. That's because change gives us the chance to make better choices.

Read **Isaiah 53:6**.

The Bible says we are like sheep who have gone astray. We've gone our own way and not obeyed God.

**But the good news is,
Jesus came to earth to
SAVE US from our sins
and make us new.**

Read **2 Corinthians 5:17**. Why does the Bible say we should want to change?



Draw some things you've done this past year to go your own way and disobey God.



Pray and ask God to help you to want to change these things. Thank Him for sending the Holy Spirit to help you!





New Mercies Every Day **DAY 2**

What are some things you failed at this past year?

Read **Philippians 3:13-14**. What does Paul tell us to forget?

Our failures are in the past.

We need to put them aside and press on to the goal that Christ has set before us.

In **2 Peter 1:3-4** God tells us what some of our goals should be. See if you can find these words in your Bible.

VIRTUE

STEADFASTNESS

BROTHERLY
AFFECTION

GODLINESS

SELF CONTROL

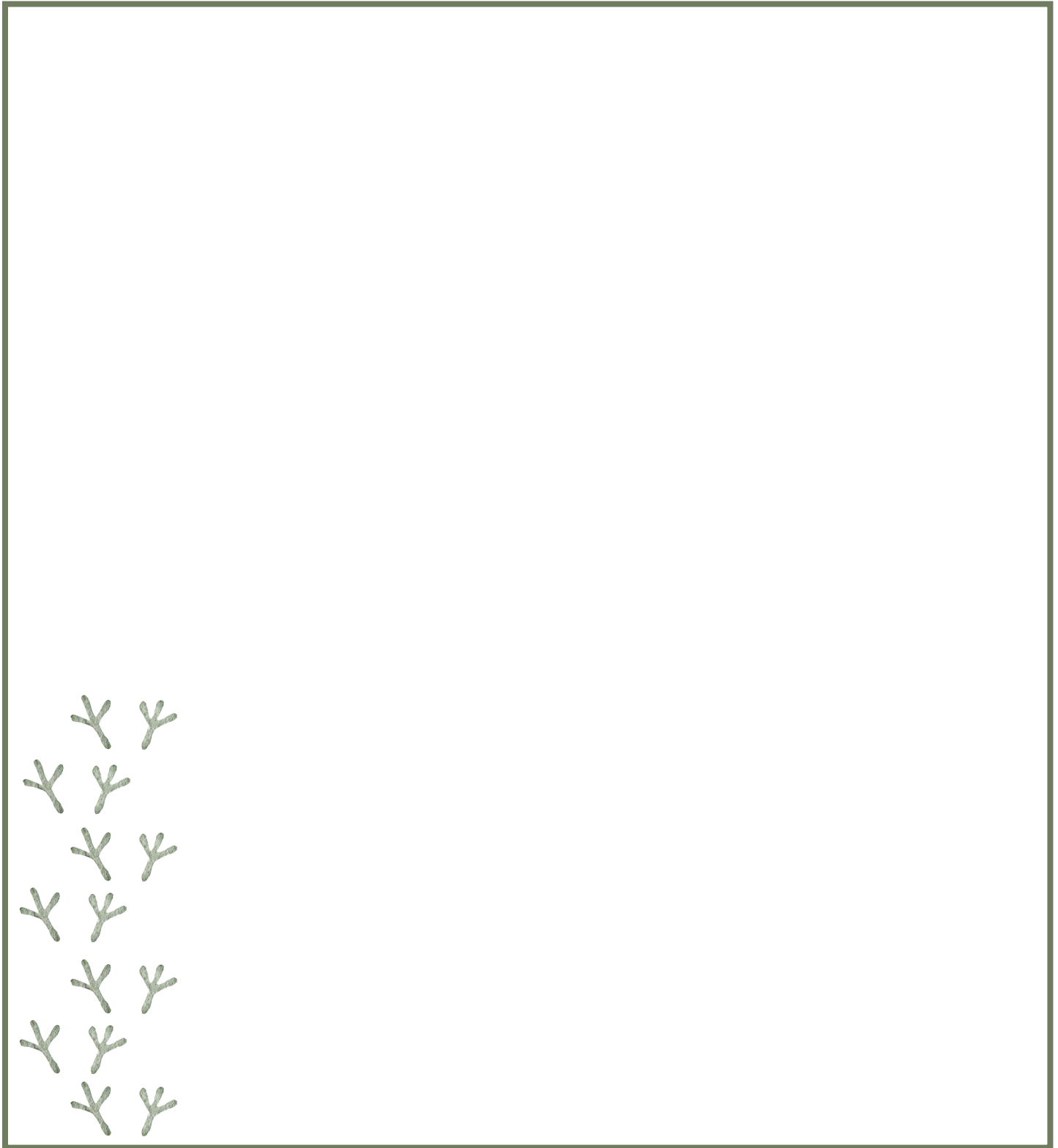
KNOWLEDGE

LOVE

Read **Lamentations 3:22-23**. The Bible says that even when we fail to do right God's mercies are new every morning. That means even though we mess up over and over again, He still loves us.

He's still faithful and He wants to help us do better.

Draw a picture of a beautiful sunrise to remind you that God's love and mercy is new every day!





Assessing Myself

DAY 3

So far we've talked about why God wants us to change and how He gives us mercy and forgiveness for our past failures. Now let's look at WHAT we need to change.

Read **Psalm 139:23-24** out loud as a prayer to God. Ask Him to remind you of the times you've gone astray and followed your own way. Ask Him to remind you of ways you've disobeyed or failed to do the right thing.

Let's look at some key verses and consider what God wants for our lives. Draw a line from the behavior that God wants from us to the verse where it can be found.

I John 4:7-8

be kind to one another

Ephesians 4:32

be thankful

I Thessalonians 5:18

speak the truth

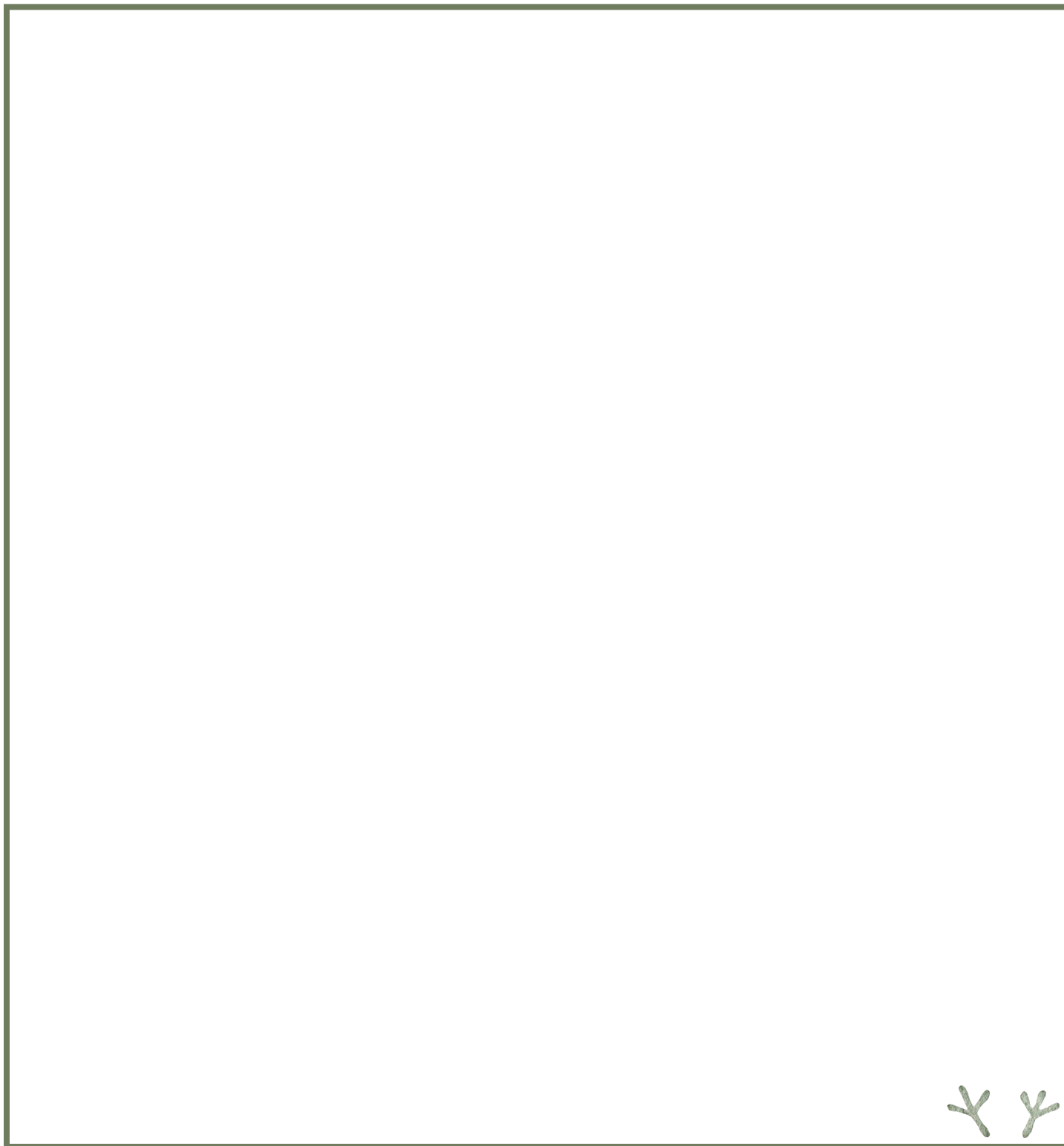
Ephesians 4:25

love one another

After reading these verses, do you see any of these things that you need to change or work harder at? Maybe you need to be more kind to your siblings. Or maybe you need to be thankful for what you are given. Maybe you just need to tell the truth. You might even need to work on all of these things or something that isn't even listed here!



Draw something you will change this year now that you have learned more about what God wants for your life.



DAY 4

Being Content in this Season

God's Word says that there is a time for everything in our lives. Read **Ecclesiastes 3:1-8** and draw some of the things that King Solomon tells us there is a specific time for.



Read **Isaiah 40:31** with your family. Draw what you think of when you hear this verse.



What do you hope God will do in your life soon? Draw it in the box and say a prayer telling God about it and thanking Him that He has a season for everything.





Making Plans for the Future **DAY 5**

What are your wildest dreams for yourself and your family this year?

We need to remember that God is in control of our plans and we are not. And that's a good thing.

Read **Jeremiah 29:11** and draw the kind of plans God has for you.



Read **Proverbs 16:9**. Who will help you with your plans?

Now stop and pray, asking God to show you what your plans for this year should be. Have your parents help you think of specific steps you will take to accomplish the things that you wanted to change on Day 3. Draw them.

